

## SOCIAL MEDIA

*(Use image of factsheet in appropriate language)*

Facebook:

Ilmahaagu ma helaa cuntooyinka dugsiga oo lacag la'aan ah ama qiimaheeda hoos loo dhigay? EBT Cudurka Baahsan ayaa taageero dhaqaale siiya qoysaska si loo daboolo kharashyada cuntooyinka dukaanka laga soo gato inta carruurtaadu ay ka maqan yihiin cuntooyinka lacag la'aanta ah inta lagu jiro xiritaanka dugsiga. Gargaarkani waxaa la siiyaa DHAMMAAN qoysaska carruurtoodu ay helaan cuntooyinka dugsiga oo lacag la'aan ah oo qiimaheeda hoos loo dhigay ee ka jira Oregon. Halkan ka ogow waxyaalo dheeraad ah– [oregonhunger.org/covid-19](https://oregonhunger.org/covid-19)

Twitter:

Ilmahaagu ma helaa quraacda dugsiga oo lacag la'aan ah ama qiimaheeda hoos loo dhigay ama qado? P-EBT waxay kaa caawin doontaa in aad quudiso qoyskaaga inta ay dugsiyadu xiran yihiin. Halkan ka ogow waxyaalo dheeraad ah– [oregonhunger.org/covid-19](https://oregonhunger.org/covid-19)