

# OGEYSIIN MUHIIM OO KU AADAN KA QAYB QAATAYAASHA OREGON SNAP (KAARARKA CUNTADA) INTA LAGU JIRO DOWLADDA FEDERAALKA EE XIRAN



**Waxaad dhammaan gargaaradaada  
February heli doontaa doontaa  
waqti hore, Jimcaha, Janaayo 18.  
Tani waxaa sabab u ah dowladda  
federaalka ee xiran.**

- Tani macnaheedu waa in aadan heli doonin wax gargaarada SNAP oo dheeraad ah oo loogu talagalay Febraayo 2019-ka.
- Weli ma garaneyno waqtiga gargaarada Maarso.
- Haddii aad heshay isla markaana haysato “warbixinta isbeddelka” ama dib u cusbooneysiin wakhtigeedu ku aadan tahay Janaayo, fadlan u dhammeystir sida ugu dhakhsaha badan. Kuwani hawshooda waxaa loo qabanayaa si caadi ah.
- Codsayaasha cusub waxay weli codsan karaan isla markaana heli karaan gargaarada.

Xafiisyada DHS ee Oregon waxay furan yihiin saacadihii caadiga ahaa. Si aad u ogaato xafiis, booqo visit [www.oregon.gov/dhs](http://www.oregon.gov/dhs)

Haddii aad u baahan tahay cunto, wac 211 (khadka bilaashka ah) ama goobta cuntada ka hel <https://oregonfoodbank.org/findfood>.

**Dhibaatooyinka? Wac Khadka Gargaarka Dadweynaha ee Adeegyada Gargaarka Sharciga ee Oregon 1-800-520-5292**